

STEPHENS COUNTY HOSPITAL, CAFETERIA MENU Aug 15th – Aug 21st

DATE	BREAKFAST	LUNCH	Menu 2
MENU DAY 2 Sat Aug 15	BACON SAUSAGE SCRAMBLED EGGS SCRM. EGGS w/CHEESE GRITS/OATMEAL WHITE/WHEAT TOAST VARIETY COLD CEREAL APPLE TURNOVERS fresh baked FRESH FRUIT	TORTILLA CRUSTED TILAPIA BBQ PORK on BUN PORK ROAST BRUNSWICK STEW BABY ROASTED POTATOES GRILLED YELLOW SQUASH, reg & FF ENGLISH PEAS	CHIPS COLESLAW SPINACH
MENU DAY 1 Sun Aug 16	BACON SAUSAGE SCRAMBLED EGGS GRITS/OATMEAL WHITE/WHEAT TOAST VARIETY COLD CEREAL FRESH FRUIT CINNAMON ROLLS fresh baked	OVEN FRIED CHICKEN TENDERS BAKED CHICKEN, LF CARROTS, Glazed or LF BROCCOLI, LR or w/cheese MASHED POTATOES CREAM CORN RICE, FF w/gravy	
MENU DAY 3 Mon Aug 17	BACON COUNTRY HAM SAUSAGE SCRAMBLED EGGS GRITS/OATMEAL WHITE/WHEAT TOAST VARIETY COLD CEREAL CRANORANGE MUFFINS fresh baked FRESH FRUIT YOGURT BAR	BBQ CHICKEN WINGS SPAGHETTI over NOODLES POT ROAST, LF CARROTS, FF or Glazed MASHED POTATOES BROCCOLI, FF or with Cheese Sauce BAKED POTATO	GARLIC BREAD CREAM CORN
MENU DAY 4 Tue Aug 18	BACON SAUSAGE LINK SAUSAGE SCRAMBLED EGGS GRITS/OATMEAL WHITE/WHEAT TOAST VARIETY COLD CEREAL BLUEBERRY MUFFINS fresh baked FRENCH TOAST FRESH FRUIT YOGURT BAR	MESQUITE TURKEY SANDWICH OVEN FRIED PORK CHOPS GRILLED PORK CHOPS ENGLISH PEAS STEAMED CABBAGE BABY CARROTS MASHED POTATOES	CHIPS
MENU DAY 5 Wed Aug 19	BACON SAUSAGE SCRAMBLED EGGS GRITS/OATMEAL WHITE/WHEAT TOAST HASHBROWNS VARIETY SCONES fresh baked YOGURT BAR FRESH FRUIT	CHICKEN ALFREDO MEATLOAF LIMA BEANS RED SKIN POTATOES BROCCOLI NORMANDY MASHED POTATOES CARROTS, FF or Glazed	GARLIC BREAD CORN on COB
MENU DAY 6 Thurs Aug 20	BACON COUNTRY HAM SAUSAGE SCRAMBLED EGGS GRITS/OATMEAL WHITE/WHEAT TOAST VARIETY COLD CEREAL APPLE TURNOVERS fresh baked WAFFLES FRESH FRUIT YOGURT BAR	GRILLED SAUSAGE w/ GREEN PEPPER & ONION OVEN FRIED COD BAKED CATFISH BAKED POTATO BROCCOLI NORMANDY CARROTS, glazed or LF MASHED POTATOES	GREEN BEANS HUSH PUPPIES
MENU DAY 7 Fri Aug 21	LINK SAUSAGE BACON SAUSAGE SCRAMBLED EGGS GRITS/OATMEAL WHITE/WHEAT TOAST VARIETY COLD CEREAL CRANORANGE MUFFINS fresh baked FRESH FRUIT YOGURT BAR	HAMBURGERS GARDEN BURGERS BAKED HAM TURNIP GREENS BAKED SWEET POTATO CAPRI VEGGIE BLEND	MASHED POTATOES CORN on COB

LF = LOW or LOWER FAT

MENU SUBJECT TO CHANGE WITHOUT NOTICE