

STEPHENS COUNTY HOSPITAL, CAFETERIA MENU Aug 1st – Aug 7th

DATE	BREAKFAST	LUNCH	Menu 2
MENU DAY 2 Sat Aug 1	BACON APPLE TURNOVERS SAUSAGE fresh baked SCRAMBLED EGGS SCRM. EGGS w/CHEESE GRITS/OATMEAL FRESH FRUIT WHITE/WHEAT TOAST VARIETY COLD CEREAL	TORTILLA CRUSTED TILAPIA BBQ PORK on BUN PORK ROAST BRUNSWICK STEW BABY ROASTED POTATOES GRILLED YELLOW SQUASH, reg & FF ENGLISH PEAS	CHIPS COLESLAW SPINACH
MENU DAY 1 Sun Aug 2	BACON CINNAMON ROLLS SAUSAGE fresh baked SCRAMBLED EGGS GRITS/OATMEAL WHITE/WHEAT TOAST VARIETY COLD CEREAL FRESH FRUIT	OVEN FRIED CHICKEN TENDERS BAKED CHICKEN, LF CARROTS, Glazed or LF BROCCOLI, LR or w/cheese MASHED POTATOES CREAM CORN RICE, FF w/gravy	
MENU DAY 3 Mon Aug 3	BACON CRANORANGE MUFFINS COUNTRY HAM fresh baked SAUSAGE SCRAMBLED EGGS GRITS/OATMEAL FRESH FRUIT WHITE/WHEAT TOAST YOGURT BAR VARIETY COLD CEREAL	BBQ CHICKEN WINGS SPAGHETTI over NOODLES POT ROAST, LF CARROTS, FF or Glazed MASHED POTATOES BROCCOLI, FF or with Cheese Sauce BAKED POTATO	GARLIC BREAD CREAM CORN
MENU DAY 4 Tue Aug 4	BACON BLUEBERRY MUFFINS SAUSAGE fresh baked LINK SAUSAGE SCRAMBLED EGGS FRENCH TOAST GRITS/OATMEAL FRESH FRUIT WHITE/WHEAT TOAST YOGURT BAR VARIETY COLD CEREAL	BEEF RAVIOLI OVEN FRIED PORK CHOPS GRILLED PORK CHOPS ENGLISH PEAS STEAMED CABBAGE BABY CARROTS MASHED POTATOES	GARLIC BREAD
MENU DAY 5 Wed Aug 5	BACON VARIETY SCONES SAUSAGE fresh baked SCRAMBLED EGGS GRITS/OATMEAL YOGURT BAR WHITE/WHEAT TOAST FRESH FRUIT HASHBROWNS	CORN DOGS MEATLOAF LIMA BEANS RED SKIN POTATOES BROCCOLI NORMANDY MASHED POTATOES CARROTS, FF or Glazed	CORN on COB TATER TOTS
MENU DAY 6 Thurs Aug 6	BACON APPLE TURNOVERS COUNTRY HAM fresh baked SAUSAGE SCRAMBLED EGGS WAFFLES GRITS/OATMEAL FRESH FRUIT WHITE/WHEAT TOAST YOGURT BAR VARIETY COLD CEREAL	CUBAN SANDWICH OVEN FRIED COD BAKED CATFISH BAKED POTATO BROCCOLI NORMANDY CARROTS, glazed or LF MASHED POTATOES	GREEN BEANS HUSH PUPPIES FRENCH FRIES
MENU DAY 7 Fri Aug 7	LINK SAUSAGE CRANORANGE MUFFINS BACON fresh baked SAUSAGE SCRAMBLED EGGS GRITS/OATMEAL FRESH FRUIT WHITE/WHEAT TOAST YOGURT BAR VARIETY COLD CEREAL	CHICKEN WRAPS HAMBURGER STEAKS BAKED HAM TURNIP GREENS BAKED SWEET POTATO CAPRI VEGGIE BLEND	CHIPS MASHED POTATOES CORN on COB

LF = LOW or LOWER FAT

MENU SUBJECT TO CHANGE WITHOUT NOTICE