

## STEPHENS COUNTY HOSPITAL, CAFETERIA MENU June 20<sup>th</sup> - June 30<sup>th</sup>

DATE	BREAKFAST	LUNCH	(Menu C)
MENU DAY 1 <b>Tue June 20</b>	BACON SAUSAGE SCRAMBLED EGGS GRITS/OATMEAL WHITE/WHEAT TOAST	CRANBERRY ORANGE MUFFINS FRESH FRUIT VARIETY COLD CEREAL	PIZZA BURGER SLIDERS CHIPS OVEN FRIED CHICKEN TENDER BAKED CHICKEN CREAM CORN MASH POTATOES BLACK EYES PEAS
MENU DAY 2C <b>Wed. June 21</b>	HAM & BACON SAUSAGE SCRAMBLED EGGS GRITS/OATMEAL WHITE/WHEAT TOAST	APLLE TURNOVER fresh baked FRESH FRUIT PANCAKES VARIETY COLD CEREAL	NACHO BAR BEEF TIPS over NOODLES MASHED POTATOES CAPRI BLEND VEGES., FF WHOLE KERNEL CORN, FF HARVARD BEETS, LF BAKED SWEET POTATO
MENU DAY 3 <b>Thru. June 22</b>	BACON SAUSAGE SCRAMBLED EGGS SCRM. EGGS w/Cheese GRITS/OATMEAL WHITE/WHEAT TOAST	BLUEBERRY MUFFINS fresh baked FRESH FRUIT VARIETY COLD CEREAL	TORTILLA TILAPIA POTATO CHIPS BBQ PORK on BUN PORK ROAST, LF ENGLISH PEAS BRUNSWICK STEW SPINACH GRILLED YELLOW SQUASH, reg. & FF BABY ROASTED POTATOES
MENU DAY 4 <b>Fri. June 23</b>	HAM & BACON SAUSAGE SCRAMBLED EGGS GRITS/OATMEAL WHITE/WHEAT TOAST	FRESH FRUIT VARIETY COLD CEREAL	BBQ CHICKEN WINGS GARLIC BREAD SPAGHETTI w/MEATSAUCE POT ROAST, LF CREAM CORN CARROTS, FF or Glazed BAKED POTATO, FF BROCCOLI, FF or with Cheese Sauce
MENU DAY 5 <b>Sat. June 24</b>	BACON SAUSAGE SCRAMBLED EGGS GRITS/OATMEAL WHITE/WHEAT TOAST	DONUT HOLES HASH BROWN POTATOES FRESH FRUIT VARIETY COLD CEREAL	MEATLOAF, LF POTATO SALAD BROCCOLI NORMANDY, FF LIMA BEANS, FF BABY CARROTS TOMATO & OKRA RED SKIN POTATOES
MENU DAY 6C <b>Sun. June 25</b>	BACON LINK SAUSAGE SAUSAGE SCRAMBLED EGGS GRITS/OATMEAL WHITE/WHEAT TOAST	DANISH FRESH FRUIT VARIETY COLD CEREAL	CHICKEN POT PIE BAKE CHICKEN MASHED POTATO CORN on COB GREEN BEANS BAKED POTATO PEAS & CARROTS CREAM of POTATO SOUP
MENU DAY 7B <b>Mon. June 26</b>	BACON SAUSAGE SCRAMBLED EGGS GRITS/OATMEAL WHITE/WHEAT TOAST	BLUEBERRY MUFFIN fresh baked FRESH FRUIT VARIETY COLD CEREAL	GRILLED PORK in PITA SANDWICH CHIPS HAMBURGER STEAK MASHED POTATOES, reg. or LF ITALIAN GREEN BEANS YELLOW SQUASH w/Onions, FF ZUCCHINI & TOMATO GREAT NORTHERN BEANS
MENU DAY 8 <b>Tue. June 27</b>	BACON SAUSAGE SCRAMBLED EGGS GRITS/OATMEAL WHITE/WHEAT TOAST	CINNAMON ROLL fresh baked FRESH FRUIT VARIETY COLD CEREAL	TAILGATE PIZZA BREADSTICKS POT ROAST, LF GREEN BEANS ,reg. or FF MASHED POTATO SCALLOPED POTATOES CAPRI BLEND VEGETABLE WHOLE KERNEL CORN BRUSSEL SPROUTS
MENU DAY 9 <b>Wed. June 28</b>	BACON SAUSAGE SCRM. EGGS w/Cheese GRITS/OATMEAL WHITE/WHEAT TOAST	CHOCOLATE MUFFIN fresh baked HASHBROWNS FRESH FRUIT VARIETY COLD CEREAL	SHRIMP ALFREDO PASTA GARLIC BREAD OVEN FRIED PORK CHOP STEAMED CABBAGE GRILLED PORK CHOP, LF CARROTS, LF ENGLISH PEAS, FF MASHED POTATOES, LF WHOLE KERNEL CORN
MENU DAY 10 <b>Thur. June 29</b>	HAM & BACON SAUSAGE SCRAMBLED EGGS GRITS/OATMEAL WHITE/WHEAT TOAST	BLUEBERRY MUFFINS fresh baked WAFFLES FRESH FRUIT VARIETY COLD CEREAL	GRILLED CHICKEN SANDWICH CHIPS BAKED COD FISH SANDWICH COLESLAW BAKED CATFISH, LF CARROTS, LF or Glazed BAKED POTATOES RICE/GRAVY BROCCOLI NORMANDY
MENU DAY 11 <b>Fri. June 30</b>	LINK SAUSAGE BACON SAUSAGE SCRAMBLED EGGS GRITS/OATMEAL WHITE/WHEAT TOAST	APPLE TURNOVER fresh baked FRESH FRUIT VARIETY COLD CEREAL	HAMBURGERS CHIPS GARDEN BURGERS TURNIP GREENS, FF BAKED HAM CREAM CORN CAPRI BLEND VEGETABLES BAKED SWEET POTATOES, FF MASHED POTATO/GRAVY FRENCH FRIES

LF = LOW or LOWER FAT

FF = FAT FREE

**MENU SUBJECT TO CHANGE WITHOUT NOTICE**