

STEPHENS COUNTY HOSPITAL, CAFETERIA MENU April 28th - May 8th

DATE	BREAKFAST		LUNCH	(Menu A)
MENU DAY 1 Thur. Apr. 28	BACON SAUSAGE SCRAMBLED EGGS GRITS/OATMEAL WHITE/WHEAT TOAST	MINI CROISSANTS BLUEBERRY MUFFIN fresh baked FRESH FRUIT VARIETY COLD CEREAL	CHILI OVEN FRIED CHICKEN TENDERS BAKED CHICKEN, LF RICE, FF or CREAM GRAVY CREAM CORN	CARROTS, FF or Glazed BROCCOLI FLORETS, FF or w/Cheese Sauce
MENU DAY 2C Fri. Apr. 29	HAM & BACON SAUSAGE SCRAMBLED EGGS GRITS/OATMEAL WHITE/WHEAT TOAST	HONEY BUNS PANCAKES FRESH FRUIT VARIETY COLD CEREAL	CHICKEN WRAPS BEEF TIPS over EGG NOODLES CAPRI BLEND VEGGIES., FF HARVARD BEETS, FF	POTATO CHIPS WHOLE KERNEL CORN MASHED POTATOES
MENU DAY 3 Sat. Apr. 30	BACON SAUSAGE SCRM. EGGS w/Cheese GRITS/OATMEAL WHITE/WHEAT TOAST	APPLE TURNOVER fresh baked FRESH FRUIT VARIETY COLD CEREAL	BBQ PORK on BUN PORK ROAST, LF BRUNSWICK STEW YELLOW SQUASH, FF BABY ROASTED POTATO	COLE SLAW POTATO CHIPS ENGLISH PEAS
MENU DAY 4 Sun. May. 1	HAM & BACON SAUSAGE SCRAMBLED EGGS GRITS/OATMEAL WHITE/WHEAT TOAST	FRIED BOLOGNA ORANGE/CRANBERRY MUFFIN FRESH FRUIT VARIETY COLD CEREAL	SPAGHETTI with MEATSAUCE POT ROAST, LF MASHED POTATOES BROCCOLI, LF or w/ Cheese	GARLIC BREAD CREAM CORN CARROTS, LF BAKED POTATO
MENU DAY 5 Mon. May. 2	BACON SAUSAGE SCRAMBLED EGGS GRITS/OATMEAL WHITE/WHEAT TOAST	CHOCOLATE HAZELNUT fresh baked HASH POTATOES FRESH FRUIT VARIETY COLD CEREAL	CHICKEN SANDWICH MEATLOAF, LF BUTTERNUT SQUASH LIMA BEANS, FF RED SKIN POTATOES	POTATO CHIPS POTATO SALAD BABY CARROTS
MENU DAY 6H Tue. May. 3	BACON RED HOT LINKS SAUSAGE SCRAMBLED EGGS GRITS/OATMEAL WHITE/WHEAT TOAST	BLUEBERRY MUFFINS fresh baked LINK SAUSAGE FRENCH TOAST STICKS FRESH FRUIT VARIETY COLD CEREAL	DIRTY RICE BAKED CHICKEN GREEN BEANS BROCCOLI, LF or with Cheese	MASHED POTATOES CREAM CORN
MENU DAY 7A Wed. May. 4	BACON SAUSAGE SCRAMBLED EGGS GRITS/OATMEAL WHITE/WHEAT TOAST	DANISH FRESH FRUIT VARIETY COLD CEREAL	ITALIAN CHICKEN & PENNE PASTA HAMBURGER STEAK MASHED POTATOES/GRAVY BUTTERED YELLOW SQUASH	GARLIC BREAD SPECKLED BEANS ITALIAN GREEN BEANS
MENU DAY 8 Thur. May. 5	BACON SAUSAGE SCRAMBLED EGGS GRITS/OATMEAL WHITE/WHEAT TOAST	CINNAMON ROLL (fresh baked) FRESH FRUIT VARIETY COLD CEREAL	CINCO DE MAYO BAR POT ROAST, LF SCALLOPED POTATOES WHOLE KERNEL CORN, FF	CAPRI BLEND VEGGIES GREEN BEANS, FF
MENU DAY 9 Fri. May. 6	BACON SAUSAGE SCRM. EGGS w/Cheese GRITS/OATMEAL WHITE/WHEAT TOAST	APPLE TURNOVER fresh baked HASHBROWNS FRESH FRUIT VARIETY COLD CEREAL	PEPPERONI & CHEESE PIZZA OVEN FRIED PORK CHOP GRILLED PORK CHOP, LF ENGLISH PEAS, FF RICE PILAF	STEAMED CABBAGE CARROTS, LF MASHED POTATOES, LF
MENU DAY 10 Sat. May. 7	HAM & BACON SAUSAGE SCRAMBLED EGGS GRITS/OATMEAL WHITE/WHEAT TOAST	BLUEBERRY MUFFIN WAFFLES FRESH FRUIT VARIETY COLD CEREAL	COUNTRY FRIED STEAK OVEN FRIED COD BAKED CATFISH, LF BROCCOLI NORMANDY MASHED POTATOES	COLE SLAW GREEN BEANS
MENU DAY 11 Sun. May. 8	LINK SAUSAGE BACON SAUSAGE SCRAMBLED EGGS GRITS/OATMEAL WHITE/WHEAT TOAST	DANISH FRESH FRUIT VARIETY COLD CEREAL	HAMBURGER STEAK BAKED HAM TURNIP GREENS, FF CREAM CORN BAKED SWEET POTATOES, FF	CAPRI BLEND VEGGIES

LF = LOW FAT or LOWER FAT FF = FAT FREE

MENU SUBJECT TO CHANGE WITHOUT NOTICE

STEPHENS COUNTY HOSPITAL, CAFETERIA MENU May 9th – May 19th 2022

DATE	BREAKFAST	LUNCH	(Menu B)	
MENU DAY 1 Mon. May 9	BACON SAUSAGE SCRAMBLED EGGS GRITS/OATMEAL WHITE/WHEAT TOAST	RED LINKS BLUEBERRY MUFFINS fresh baked FRESH FRUIT VARIETY COLD CEREAL	EMPLOYEE COOKOUT OVEN FRIED CHICKEN TENDERS BAKED CHICKEN, LF BROCCOLI, LF or w/Cheese	RICE, FF CREAM CORN CARROTS, FF or Glazed
MENU DAY 2C Tue. May 10	HOSPITAL WEEK EMPLOYEE BREAKFAST CAFETERIA CLOSED		MEATBALL SUBS BEEF TIPS over EGG NOODLES CAPRI BLEND VEGETABLES WHOLE KERNEL CORN	CHIPS MASHED POTATOES HARVARD BEETS
MENU DAY 3 Wed. May 11	BACON SAUSAGE SCRM. EGGS w/CHEESE GRITS/OATMEAL WHITE/WHEAT TOAST	BREAKFAST BURRITO HONEY BUNS FRESH FRUIT VARIETY COLD CEREAL	TORTILLA TILAPIA FISH BBQ PORK on BUN PORK ROAST, LF BRUNSWICK STEW YELLOW SQUASH, reg. & FF	CHIPS COLE SLAW ENGLISH PEAS SPINACH BABY ROASTED POTATO
MENU DAY 4 Thur. May 12	HAM & BACON SAUSAGE SCRAMBLED EGGS GRITS/OATMEAL WHITE/WHEAT TOAST	DANISH FRESH FRUIT VARIETY COLD CEREAL	SPAGHETTI w/MEATSAUCE POT ROAST, LF CARROTS, FF or Glazed BROCCOLI, FF or with Cheese Sauce	GARLIC BREAD CREAM CORN
MENU DAY 5 Fri. May 13	BACON SAUSAGE FRIED BOLOGNA SCRAMBLED EGGS GRITS/OATMEAL WHITE/WHEAT TOAST	BLUEBERRY MUFFINS fresh baked HASH BROWN POTATOES FRESH FRUIT VARIETY COLD CEREAL	HOSPITAL WEEK CHICKEN QUE CAFETERIA CLOSED	
MENU DAY 6C Sat. May 14	BACON SAUSAGE SCRAMBLED EGGS GRITS/OATMEAL WHITE/WHEAT TOAST	LINK SAUSAGE ORANGE/CRANBERRY MUFFIN FRESH FRUIT VARIETY COLD CEREAL	CHICKEN POT PIE BAKED CHICKEN GREEN BEANS	PEAS & CARROTS CREAM CORN BAKED POTATOES
MENU DAY 7B Sun. May 15	BACON SAUSAGE SCRAMBLED EGGS GRITS/OATMEAL WHITE/WHEAT TOAST	FRIED BOLOGNA CHOCOLATE CROISSANT fresh baked FRESH FRUIT VARIETY COLD CEREAL	HAMBURGER STEAK MASHED POTATOES/GRAVY BUTTERED YELLOW SQUASH	RICE ITALIAN GREEN BEANS
MENU DAY 8 Mon. May 16	BACON SAUSAGE SCRAMBLED EGGS GRITS/OATMEAL WHITE/WHEAT TOAST	CINNAMON ROLL, fresh baked FRESH FRUIT VARIETY COLD CEREAL	MANICOTTI POT ROAST SCALLOPED POTATOES WHOLE KERNEL CORN OVEN- ROASTED ASPARAGUS	CHEESE BREAD STICK GREEN BEANS
MENU DAY 9 Tue. May 17	BACON SAUSAGE SCRM. EGGS w/Cheese GRITS/OATMEAL WHITE/WHEAT TOAST	DANISH HASHBROWNS FRESH FRUIT VARIETY COLD CEREAL	FRENCH DIP SANDWICH OVEN FRIED PORK CHOP GRILLED PORK CHOP, LF RICE PILAF ENGLISH PEAS	CHIPS STEAMED CABBAGE CARROTS, LF
MENU DAY 10 Wed. May 18	HAM & BACON SAUSAGE SCRAMBLED EGGS GRITS/OATMEAL WHITE/WHEAT TOAST	WAFFLES CHEESE DANISH FRESH FRUIT VARIETY COLD CEREAL	HAWAIIAN HAM & CHEESE SLIDERS OVEN FRIED COD FISH BAKED CATFISH, LF BAKED POTATOES ZUCCHINI SAUTE	CHIPS CARROTS, LF or Glazed MASHED POTATOES COLE SLAW
MENU DAY 11 Thur. May 19	LINK SAUSAGE BACON SAUSAGE SCRAMBLED EGGS GRITS/OATMEAL WHITE/WHEAT TOAST	BLUEBERRY MUFFINS fresh baked FRESH FRUIT VARIETY COLD CEREAL	HAMBURGERS BAKED HAM TURNIP GREENS CAPRI BLEND VEGETABLES	POTATO CHIPS BAKED SWEET POTATO

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